Analysis of the Use of Menstruation and Fertility Period Tracker Mobile Applications

DU Elgiriyage, RMM Pradeep

Department of Information Technology, Faculty of Computing, General Sir John Kotelawala Defence University, Ratmalana, Sri Lanka

Abstract. At present, many mobile applications are using in every operation in day-to-day life to ease the works of people. Among these apps, mobile health apps are doing huge service to the people who use these applications. When focusing on women's health, there is a need for the mobile application to monitor, track, and make reminders to their sexual health like mainly menstruation cycles and fertility periods. Many mobile applications have already developed, but users claim that the applications contain false information and have no knowledge of the general lifestyles. This review is making to identify and understand the issues of the current mobile applications, identify the positive factors that helped the users and also comparably identify the best features and methods that need to make like the mobile health application.

Keywords: Mobile Application, Fertility Period, Menstrual Date, Pregnancy, Tracking