

RESTRICTED

ABSTRACT

Administrative Regiment Branch is one of the branches available in the Sri Lanka Air Force. As per the instructions of the Sri Lanka Air Force Headquarters, Colombo, all the airmen in Operations Ground Trade should be counselled by their superiors frequently. However, it was identified that the counselling process at SLAF cannot achieve the desired outcome due to weaknesses of present counselling process. Therefore, this research has been carried out to assess the present counselling process and to find out its weaknesses and to introduce measures to overcome the issues encountered at present. The researcher selected as the sample, 100 Airmen from each SLAF Base Katunayake and SLAF Academy China Bay and 20 officers from six SLAF establishments. Data was collected by distributing a questionnaire to each sample and Microsoft Excel was used to analyse the data. As per the data analysis the researcher observed many factors such as inadequate counsellors in Regiment Wings of SLAF establishments, lack of awareness of the airmen on the importance of the counselling, issues related to privacy and confidentiality, lack of training of counsellors and difficulty of follow up since the number of clients are high for one counsellor as the weaknesses of present counselling process. As per the weaknesses found during the research, the researcher has introduced some recommendations such as conducting of awareness programmes related to the importance of the counselling, educate counsellors about the correct process and to maintain the privacy and secrecy of the clients, offering outside courses to counsellors which related to counselling, conduct programmes on Military Counselling and to increase the number of counsellors to improve the present counselling process.