

## **RESTRICTED**

### **ABSTRACT**

From the initiation of the wrestling at SLAF wrestlers improve their performance and managed to win some of the international competitions. However, as at present the performances of the SLAF wrestlers are not adequate to compete not only with the international standards but also with the national standards. Apart from that, there are no successors formed to face the future challenges. Hence, objectives of this study is to pinpoint the weaknesses in the existing policies, practices and strategies focused towards the development of wrestlers to achieve international credentials. The relevant data was mainly gathered through questionnaire, which was distributed among administrative officers, coaches, physical education instructors, current wrestling players and former wrestling players of SLAF wrestling pool to obtain their opinions on the existing system and the future development process. Furthermore carried out interviews with administrative officers of Sri Lanka Wrestling Federation. The essential statistical data was extracted, together with the results of the questionnaire and with several other information, which were collected from interviews with the professionals in the field. The collected data was analyzed using SPSS and identified the long and short term strategies in order to achieve the optimum level in here. Implementation of these strategies with the elements like HR management, advanced training program, reward framework, healthcare system under the proper leadership and supervision along with the contribution of all wrestlers will surely bring fruitful results in SLAF wrestling in near future.