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## ABSTRACT

As one of the oldest infantry regiments in the Sri Lanka Army, presently Sri Lanka Sinha Regiment is focusing to enhance the officers' professional and academic knowledge. Therefore numbers of foreign and local courses are given to the officers to develop their military career. Out of those courses, the Defence Services Command and Staff College is the highest seat which conducts the staff courses for officers in tri services in Sri Lanka and other foreign nations. Local Army officers are selected through a competitive examination and approximately 65 officers are given the opportunity to follow the course. Even though, this is a competitive examination annual representation of the officers in Sri Lanka Sinha Regiment indicates less figures when comparing with the other infantry regiments. In the present context, ample adult learning methods are discussed and practised by the full time and part time students. Out of these methods, self-directed learning process is commonly used and become significant in busy life schedules. The officers who intend to appear for the Defence Services Command and Staff College selection examination have to follow a systematic process to achieve the success. Most of the officers have adopted the self-directed learning process for their future objectives. The significant problem in here is that lack of knowledge on the self-directed learning process among the officers. The main intention of this study is to discuss comprehensively the selfdirected learning process and its impotence for the officers in Sri Lanka Sinha Regiment to achieve good results in the examinations.

Key Words: Self-directed Learning Process, Sri Lanka Sinha Regiment, Defence Services Command and Staff College

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